

Pantry Places



A directory of food pantries & community meal sites in Fulton & Montgomery Counties compiled by Cornell Cooperative Extension in Fulton & Montgomery Counties.



Cornell University
Cooperative Extension
Fulton and Montgomery Counties

Food Pantries in Fulton County

** Call ahead for most current information*

Broadalbin

- ⇒ **Broadalbin Ecumenical Food Pantry**, Methodist Church, 67 N. Main St. Serves residents of Broadalbin Perth School district. Mon. 3:30-5 p.m., Thurs., 9:30-11 a.m. except holidays. Call 883-5247 or 883-5296.

Johnstown

- ⇒ **St. John's Episcopal Church of Johnstown**, 1 N. Market St. Must have DSS referral. Apply at 4 Daisy Lane, Johnstown. Info: DSS at 736-5600 or call St. John's at 762-9210.

Dolgeville

- ⇒ **Dolgeville Food Pantry at United Methodist Church**, 21 N. Helmer St., Thurs. 3-4:30 p.m. for residents of Dolgeville and Oppenheim-Ephratah school districts only. Saturday gleanings (16 boxes only) 10a.m. sharp. First come, first served. Call: 315-429-3760 or 315-429-7381.

Gloversville

- ⇒ **A.M.E. Zion Church**, 135 E. Fulton St., Fourth Thurs. of the month, 11a.m.-noon Info: 518-725-3516.
- ⇒ **Gloversville Council of Churches**, 31 Spring St. Wed. & Sun., 1:30-2:30 p.m. By appointment only: 518-725-5122.
- ⇒ **First Presbyterian Church**, 16 W. Fulton St., Last Sun. of the month, 11a.m.-noon. Info: 725-7215.
- ⇒ **Fulmont Community Action Program**, 39 Church St., Mon., Tues., Thurs. and Fri., 9:30 a.m. - noon; 12:30-3 p.m. July & Aug. until 2 p.m. Info: 518-725-7110.

Fulton County continued...

- ⇒ **Gloversville Enlarged School District Food Pantry at Park Terrace Elementary School**, 50 Bloomingdale Ave. Wed., 10 a.m.-1p.m. Summer hours may vary. Open to families living in the Gloversville School District. Info: 518-775-5750.
- ⇒ **Gloversville Senior Citizens Center**, 53 Church St., Persons 60 yrs.+ can visit every three months. Mon.-Fri., 9 a.m.-3 p.m. Call ahead 725-0923.
- ⇒ **Gloversville Wesleyan**, 68 Grand St., Third Thurs. of the month, 9 a.m.-noon. Info: 518-725-5040.
- ⇒ **St. James Lutheran Church**, 521 N. Main St., Wed. & Thurs., 9-11 a.m. Use lower entrance. Info: 518-725-7512 or 725-9263.
- ⇒ **The Salvation Army**, 10 Spring St., Mon.-Thurs., 9 a.m.-1p.m. Info 518-725-4119.

Mayfield

- ⇒ **Mayfield Presbyterian Church**, 22 N. Main St., Mayfield. Mayfield residents only. Call 518-661-6566 or 518-661-6198.

Northville

- ⇒ **Bread of Life Food Panty**, 221 Reed St. Mon and Thurs., 10:30 a.m. - noon. For emergencies, call for appointment, 518-863-4595.
- ⇒ **Fulmont Community Action Program**, 202 N. Third St., Mon.-Fri., 9 a.m.-3 p.m., 2nd & 4th Tues. of the month, 11:30



Food Pantries in Montgomery County

** Call ahead for most current information*

Amsterdam

- ⇒ **Catholic Charities**, 1 Kimball St., Mon. 9 a.m.- noon; and Tues. 2 -6 p.m. Tues. 9 a.m.-noon is for seniors only (60+); Info: 518-842-4202.
- ⇒ **Calvary Assembly of God**, 200 E. Main St., Sat., 9-11a.m. Info: 518-842-1261.
- ⇒ **Fulmont Community Action Program**, 1200 Riverfront Center, Mon.-Fri., 8:30 a.m.- 4 p.m. Summer hours 8:30 a.m. - 3 p.m. Montgomery County residents only. Info: 518-842-0790.
- ⇒ **The Salvation Army**, 267 Market St., office hours, Mon.-Wed. 9 a.m.-noon. Mon. to apply for first time; Tues. & Wed. by appointment only. Info: 518-842-9941.

Fonda

- ⇒ **Fulmont Community Action Program**, Montgomery County Annex Bldg., 20 Park St., Mon.-Fri., 8:30 a.m. - 4:00 p.m. Summer hours 8:30 a.m.-3 p.m., Info: 518- 853-8351.

Fort Plain

- ⇒ **Fulmont Community Action Program**, 74 Main St., Mon.-Fri., Sept.-June, 8:30 a.m.- 4 p.m. July & Aug. 8:30 a.m. -3 p.m. Evening hours: 1st & 3rd Tues., July-Aug., open until 6 p.m.; Sept.-June; open until 7 p.m. Call 518-993-3230.



MEAL SITES

Fulton County

Gloversville

- ⇒ **Church of the Holy Spirit** “Friday’s Table,” 151 South Main St. Fridays, 5:30 p.m. Call 518-725-1226.
- ⇒ **Emmanuel Baptist Church** “Emmanuel’s Wednesday Dinner” - 12 James St., Wed. at 5 p.m. No August meals. Call 518-725-8605.
- ⇒ **The Salvation Army** 10 Spring St., Dinner: Mondays, Tues. & Thurs., 4:30 p.m. Call 518-725-4119.
- ⇒ **Trinity Anglican Episcopal Church** “The Gathering,” 14 Grand St., Wed. & Sat., 11a.m. - 1p.m. Call 518-725-7010.

Johnstown

- ⇒ **St. John’s Episcopal Church** 1 N. Market St., Lunch: Sundays, noon -1:30 p.m. Call 518-762-9210.

Fulton County Office for the Aging Meal Sites

Call 518-736-5650 to reserve lunch or for more info. Meals open to any senior citizen in Fulton County.

- ⇒ **Broadalbin**
 - Presbyterian Church**, 68 Main St., alternating Wed.
 - Petoff Garden Apartments**, 305 Co. Hwy.155, Thurs.
- ⇒ **Caroga Lake** Caroga Town Hall, 1840 St. Hwy. 10, 1st & 3rd Tues.
- ⇒ **Gloversville**
 - Forest Hill Towers** (Community Room), 31 Broadway, Mon.-Fri.
 - Senior Center**, 53 Church St., Mon.-Fri.
- ⇒ **Johnstown** Senior Center, 109 E. Main St., lunch, Mon.-Fri.
- ⇒ **Mayfield** Presbyterian Church, 22 N. Main St., Fri. & every other Wed.
- ⇒ **Northville** Red Rooster, Corner of Main & Bridge streets, Thurs.
- ⇒ **Perth** Community Center, 1849 Co. Hwy. 107, Lunch, Mon. & Wed.

Montgomery County

Amsterdam

- ⇒ **Masonic Temple** Faith Soup Kitchen, 34 Division St., Mon. & Wed. ,11:30 a.m.-1:30 p.m. Call 842-4500.
- ⇒ **St. Ann’s Episcopal Church** Free Community Meals”, 37 Division St., Last Sunday of the month except Jul. & Aug. 11:30 a.m.-1p.m. All are welcome. No take-out. Call 842-2363
- ⇒ **St. Luke’s Church** “Amen Place Soup Kitchen,” 24 Pine St., Tues., 1-3 p.m. Eat in or Take out. Call 518-843-AMEN (2636).

Fort Plain

- ⇒ **Reformed Church** “Manna House Meals,” 165 Canal St., Sat. & Sun., at 5 p.m. All are welcome. Call 518-993-4302.

Montgomery County Office for the Aging Meal Sites

Must be 60 years or older and call at least one day ahead for reservations at 518-843-1478 or 518-673-5048. Need a ride? Call Dial-A-Ride at 1-866-910-8294

- ⇒ **Amsterdam** “Garden Towers Café”, 52 Division St., (New Amsterdam Apts.), Mon.- Fri., noon.
- ⇒ **Canajoharie** “Café Arkell”, 55 Montgomery St., (Arkell Center), Mon. - Fri., noon.
- ⇒ **St. Johnsville** “Westside Café”, 16 Washington Ave., (Community House), Mon.- Fri., noon.
- ⇒ **Rotating Sites:** **Amsterdam**— “Inman Café,” 55 Guy Park Ave., (Inman Sr. Ctr.) Tues., noon.
& Minaville—“Southside Café,” 167 Ft. Hunter Rd. (Florida Town Hall) Thurs., noon.

Eat Smart Tips for Healthy, Thrifty Meals

- **Plan** meals in advance.
- **Build** the main meal around rice, noodles or other grains.
- **Use** small amounts of meat, poultry, fish or eggs.
- **Shop** with a list.
- **Look** for specials in newspaper ads for the stores where you shop.
- **Try** store brands.
- **Look** for unit price and compare to similar foods.
- **Read** labels and avoid foods that are high in saturated fats & sodium.
- **Use** date information.
- **Store** and prepare foods properly.
- **Learn** and follow food safety recommendations.

“EXTRA HELPINGS”

It's easy! It's convenient! And you save money! No age limit, no income limit. For more information call the “Extra Helpings” location closest to you:

Foothills United Methodist Church

- Gloversville 725-9611

Fulmont Community Action Program Sites

- Amsterdam 518-842-0790
- Fonda 518-853-8351
- Fort Plain 518-993-3230
- Northville 518-863-2177

**Feel Better...Do Better!
with Eat Smart New York!**



- Stretch your food dollars
- Cook quick, healthy meals
- Taste food your kids will love

Meet with experienced staff, one-on-one or in a group.

How do I know if I am eligible?

Individuals, seniors or families receiving Food Stamps, WIC or Medicaid, or those who have applied for Food Stamps and families whose children are enrolled in Head Start qualify for Eat Smart New York! Other limited income individuals or families may qualify.

**Please complete this form and return to:
Cornell Cooperative Extension
55 East Main St.; #210
Johnstown N.Y. 12095
Phone 518-762-3909 or Fax 518-762-8155**

Today's date: _____
 Name: _____ Age _____
 Address: _____
 City _____ Zip _____ Phone: _____

**Please check programs in which you and your family
participates:**

- Food Stamps
 School lunch or breakfast
 Medicaid
 WIC
 Emergency Dining Site or Soup Kitchen
 Other: _____



Funding for this brochure was provided by the United States Department of Agriculture Food and Nutrition Service and Cornell Cooperative Extension in Fulton and Montgomery Counties. This is an equal opportunity program. If you believe you have been discriminated against because of race, color, national origin, age, sex, handicap, political belief or religion, write immediately to the Secretary of Agriculture, Washington, DC, 20250

This directory is provided as a public service by Cornell Cooperative Extension in Fulton and Montgomery Counties. Every attempt has been made to gather correct and inclusive information. Please call the pantry or meal site for the most current information. *Revised 10/09*